Program overview Band level: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Semester 1 | Identify the aspects of the Achievement Standard that you will focus on during this semester | |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?  Alcohol and other drugs  Food and nutrition  Health benefits of physical activity  Mental health and wellbeing  Relationships and sexuality  Safety  Active play and minor games  Challenge and adventure activities  Fundamental movement skills  Games and sports  Lifelong physical activities  Rhythmic and expressive activities |

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| Semester 2 | Identify the aspects of the Achievement Standard that you will focus on during this semester | |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?  Alcohol and other drugs  Food and nutrition  Health benefits of physical activity  Mental health and wellbeing  Relationships and sexuality  Safety  Active play and minor games  Challenge and adventure activities  Fundamental movement skills  Games and sports  Lifelong physical activities  Rhythmic and expressive activities |

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| Semester 3 | Identify the aspects of the Achievement Standard that you will focus on during this semester | |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?  Alcohol and other drugs  Food and nutrition  Health benefits of physical activity  Mental health and wellbeing  Relationships and sexuality  Safety  Active play and minor games  Challenge and adventure activities  Fundamental movement skills  Games and sports  Lifelong physical activities  Rhythmic and expressive activities |

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| Semester 4 | Identify the aspects of the Achievement Standard that you will focus on during this semester | |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?  Alcohol and other drugs  Food and nutrition  Health benefits of physical activity  Mental health and wellbeing  Relationships and sexuality  Safety  Active play and minor games  Challenge and adventure activities  Fundamental movement skills  Games and sports  Lifelong physical activities  Rhythmic and expressive activities |