Program overview Band level: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Semester 1 | Identify the aspects of the Achievement Standard that you will focus on during this semester |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?Alcohol and other drugsFood and nutritionHealth benefits of physical activityMental health and wellbeingRelationships and sexualitySafetyActive play and minor gamesChallenge and adventure activitiesFundamental movement skillsGames and sportsLifelong physical activitiesRhythmic and expressive activities |

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| Semester 2 | Identify the aspects of the Achievement Standard that you will focus on during this semester |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?Alcohol and other drugsFood and nutritionHealth benefits of physical activityMental health and wellbeingRelationships and sexualitySafetyActive play and minor gamesChallenge and adventure activitiesFundamental movement skillsGames and sportsLifelong physical activitiesRhythmic and expressive activities |

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| Semester 3 | Identify the aspects of the Achievement Standard that you will focus on during this semester |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?Alcohol and other drugsFood and nutritionHealth benefits of physical activityMental health and wellbeingRelationships and sexualitySafetyActive play and minor gamesChallenge and adventure activitiesFundamental movement skillsGames and sportsLifelong physical activitiesRhythmic and expressive activities |

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| Semester 4 | Identify the aspects of the Achievement Standard that you will focus on during this semester |
| Record the content descriptions that you will teach to provide students with opportunities to demonstrate the above aspects of the Achievement Standard | Which focus areas will you use to explore these content descriptions?Alcohol and other drugsFood and nutritionHealth benefits of physical activityMental health and wellbeingRelationships and sexualitySafetyActive play and minor gamesChallenge and adventure activitiesFundamental movement skillsGames and sportsLifelong physical activitiesRhythmic and expressive activities |