Scope and sequence sample **Year level:** Year 3

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| **Year** | **Learning focus** | **Term 1** | **Term 2** | **Term 3** | **Term 4** |
| **3** | **Making informed choices**  [interpret health messages and discuss the influences on healthy and safe choices.]  [use decision-making and problem-solving skills to select and demonstrate strategies that help them stay safe, healthy and active.] | **A safe and well me**  **Content descriptions:**   * ACPPS035 * ACPPS036 * ACPPS040   **Focus areas:**   * Safety * Alcohol and other drugs | **A connected me**  **Content descriptions:**   * ACPPS037 * ACPPS041 * ACPPS042   **Focus areas:**   * Relationships * Mental health and wellbeing | **A changing me**  **Content descriptions:**   * ACPPS033 * ACPPS034 * ACPPS038   **Focus areas:**   * Relationships * Mental health and wellbeing | **An healthy and active me**  **Content descriptions:**   * ACPPS036 * ACPPS039 * ACPPS040 * ACPMP046 * ACPMP040   **Focus areas:**   * Active play and minor games * Lifelong physical activities * Health benefits of physical activity |
| **Moving with confidence**  [They refine fundamental movement skills and apply movement concepts and strategies in a variety of physical activities and to solve movement challenges.]  [They create and perform movement sequences using fundamental movement skills and the elements of movement.] | **Playing with purpose**  **Content descriptions:**   * ACPMP043 * ACPMP045 * ACPMP050   **Focus areas:**   * Games and sports | **Team building through movement**  **Content descriptions:**   * ACPMP048 * ACPMP049   **Focus areas:**   * Active play and minor games * Challenge and adventure games | **Moving and grooving**  **Content descriptions:**   * ACPMP043 * ACPMP047   **Focus areas:**   * Rhythmic and expressive activities |