Scope and sequence sample **Year level:** Year 3

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| **Year** | **Learning focus** | **Term 1** | **Term 2** | **Term 3** | **Term 4** |
| **3** | **Making informed choices**[interpret health messages and discuss the influences on healthy and safe choices.] [use decision-making and problem-solving skills to select and demonstrate strategies that help them stay safe, healthy and active.] | **A safe and well me****Content descriptions:*** ACPPS035
* ACPPS036
* ACPPS040

**Focus areas:*** Safety
* Alcohol and other drugs
 | **A connected me****Content descriptions:*** ACPPS037
* ACPPS041
* ACPPS042

**Focus areas:*** Relationships
* Mental health and wellbeing
 | **A changing me****Content descriptions:*** ACPPS033
* ACPPS034
* ACPPS038

**Focus areas:*** Relationships
* Mental health and wellbeing
 | **An healthy and active me****Content descriptions:*** ACPPS036
* ACPPS039
* ACPPS040
* ACPMP046
* ACPMP040

**Focus areas:*** Active play and minor games
* Lifelong physical activities
* Health benefits of physical activity
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| **Moving with confidence**[They refine fundamental movement skills and apply movement concepts and strategies in a variety of physical activities and to solve movement challenges.] [They create and perform movement sequences using fundamental movement skills and the elements of movement.] | **Playing with purpose****Content descriptions:*** ACPMP043
* ACPMP045
* ACPMP050

**Focus areas:*** Games and sports
 | **Team building through movement****Content descriptions:*** ACPMP048
* ACPMP049

**Focus areas:*** Active play and minor games
* Challenge and adventure games
 | **Moving and grooving****Content descriptions:*** ACPMP043
* ACPMP047

**Focus areas:*** Rhythmic and expressive activities
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