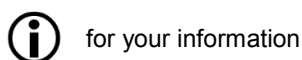
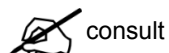


Stage Statements



In NSW syllabuses stage statements summarise the knowledge, understanding, skills, values and attitudes developed by students as a result of achieving the outcomes for each Stage of learning.

Australian curriculum achievement standards underpin the development of the stage statements.



Stage statements are summaries of the knowledge, understanding, skills, values and attitudes that have been developed by students as a result of achieving the outcomes for the relevant Stage of learning.

Stage 4

By the end of Stage 4, students propose strategies to enhance their health and wellbeing by exploring the interrelationship between health and physical activity. They recognise factors that influence changes and transitions and analyse ways to cultivate resilience. Students analyse the characteristics of respectful relationships and the importance of belonging and connecting to others. They propose actions to promote health, safety and wellbeing for themselves and others in relation to a range of health and physical activity issues. Students are able to think critically about accessing support and health information. They appreciate the need to develop lifelong physical activity habits for health gains.

Students demonstrate control and accuracy when performing specialised movement sequences and skills. Students perform specialised movement skills by proposing and combining movement concepts. They apply movement concepts and select tactics to create, perform and solve movement challenges. Students apply and assess skills in communication, collaboration, critical and creative thinking in a variety of contexts. Students investigate and create plans to achieve movement and fitness outcomes. They participate in a wide variety of moderate to vigorous physical activities to apply, adapt and vary movement skills with increased confidence and precision. Students examine the cultural and historical significance of physical activities and examine how connecting to the environment can enhance health and wellbeing. They apply interpersonal skills to promote safety, collaboration, fair play and inclusivity in physical activity contexts.