

changes + transitions

Foundation Year Achievement Standard

By the end of Foundation Year, students recognise how they are growing and changing. They identify and describe the different emotions people experience. They identify actions that help them be healthy, safe and physically active. They identify different settings where they can be active and demonstrate how to move and play safely. They describe how their body responds to movement.

emotional responses

interacting with others

Teamwork + leadership

Students use personal and social skills when working with others in a range of activities. They demonstrate, with guidance, practices and protective behaviours to keep themselves safe and healthy in different activities. They perform fundamental movement skills and solve movement challenges.

community health promotion

concepts + strategies

elements of movement

fitness + physical activity

help-seeking

refining movement skills

concepts + strategies

critical and creative thinking in movement