

identities

changes + transitions

Years 1 and 2 Achievement Standard

By the end of Year 2, students describe changes that occur as they grow older. They recognise how strengths and achievements contribute to identities. They identify how emotional responses impact on others' feelings. They examine messages related to health decisions and describe how to keep themselves and others healthy, safe and physically active. They identify areas where they can be active and how the body reacts to different physical activities.

understanding emotions

health literacy

fitness + physical activity

valuing diversity

healthy and safe choices

interacting with others

concepts + strategies

elements of movement

community health promotion

connecting to the environment

help-seeking

refining movement skills

critical + creative thinking in movement.

Students demonstrate positive ways to interact with others. They select and apply strategies to keep themselves healthy and safe and are able to ask for help with tasks or problems. They demonstrate fundamental movement skills in a variety of movement sequences and situations and test alternatives to solve movement challenges. They perform movement sequences that incorporate the elements of movement.