

identities

Years 5 and 6 Achievement Standard

changes + transitions

By the end of Year 6, students investigate developmental changes and transitions. They explain the influence of people and places on identities. They recognise the influence of emotions on behaviours and discuss factors that influence how people interact. They describe their own and others' contributions to health, physical activity, safety and wellbeing. They describe the key features of health-related fitness and the significance of physical activity participation to health and wellbeing. They examine how physical activity, celebrating diversity and connecting to the environment support community wellbeing and cultural understanding.

interacting with others

understanding emotions

help-seeking

community health promotion

fitness + physical activity

healthy + safe choices

Teamwork + leadership

Students demonstrate fair play and skills to work collaboratively. They access and interpret health information and apply decision-making and problem-solving skills to enhance their own and others' health, safety and wellbeing. They perform specialised movement skills and sequences and propose and combine movement concepts and strategies to achieve movement outcomes and solve movement challenges. They apply the elements of movement when composing and performing movement sequences.

valuing diversity

connecting to the environment

concepts + strategies

health literacy

refining movement skills

critical + creative thinking in movement

elements of movement