

## Year 7 and 8 achievement standard

By the end of Year 8, students evaluate strategies and resources to manage changes and transitions and investigate their impact on identities. Students evaluate the impact on wellbeing of relationships and valuing diversity. They analyse factors that influence emotional responses. They investigate strategies and practices that enhance their own, others' and community health, safety and wellbeing. They investigate and apply movement concepts and select strategies to achieve movement and fitness outcomes. They examine the cultural and historical significance of physical activities and examine how connecting to the environment can enhance health and wellbeing.

Students apply personal and social skills to establish and maintain respectful relationships and promote safety, fair play and inclusivity. They demonstrate skills to make informed decisions, and propose and implement actions that promote their own and others' health, safety and wellbeing. Students demonstrate control and accuracy when performing specialised movement sequences and skills. They apply movement concepts and refine strategies to suit different movement situations. They apply the elements of movement to compose and perform movement sequences.

identities  
interacting with others  
emotional responses  
concepts + strategies  
cultural significance of physical activity

teamwork + leadership

concepts + strategies

elements of movement

health literacy

- changes & transitions
- valuing diversity
- making healthy & safe choices
- community health promotion
- fitness + physical activity
- connecting to the environment.
- ethical behaviour in movement settings
- community health promotion
- help seeking
- refining movement skills
- critical + creative thinking in movement

Year 9 and 10 achievement standard

By the end of Year 10, students critically analyse contextual factors that influence identities, relationships, decisions and behaviours. They analyse the impact attitudes and beliefs about diversity have on community connection and wellbeing. They evaluate the outcomes of emotional responses to different situations. Students access, synthesise and apply health information from credible sources to propose and justify responses to health situations. Students propose and evaluate interventions to improve fitness and physical activity levels in their communities. They examine the role physical activity has played historically in defining cultures and cultural identities.

Students demonstrate leadership, fair play and cooperation across a range of movement and health contexts. They apply decision-making and problem solving skills when taking action to enhance their own and others' health, safety and wellbeing. They apply and transfer movement concepts and strategies to new and challenging movement situations. They apply criteria to make judgements about and refine their own and others' specialised movement skills and movement performances. They work collaboratively to design and apply solutions to movement challenges.

identities

understanding emotions

health literacy

cultural significance of physical activity

ethical behaviour in movement settings

concepts + strategies

elements of movement

valuing diversity

changes & transitions.

making healthy + safe choices

help seeking

fitness + physical activity

community health promotion

teamwork + leadership

refining movement skills

critical + creative thinking in movement.